Button
BABY WEATHER & OUTFITS

Diaper size chart

Diapers go by weight, not age. Brands differ a little, so the weight on your pack decides.

US sizes

	Weight	Rough age
Preemie	Up to 6 lb Up to 2.7 kg	Born early or small
Newborn	Up to 10 lb Up to 4.5 kg	First month
Size 1	8–14 lb 3.6–6.4 kg	1–3 months
Size 2	12–18 lb 5.4–8.2 kg	3–6 months
Size 3	16–28 lb 7.3–12.7 kg	6–12 months
Size 4	22–37 lb 10–16.8 kg	12–18 months
Size 5	27+ lb 12.2+ kg	18–24 months
Size 6	35+ lb 15.9+ kg	2 years and up
Size 7	41+ lb 18.6+ kg	2½ years and up

Huggies, Kirkland and Honest print these weights. Pampers runs wider.

UK and European sizes

	Weight	Rough age
Size 0	Up to 3 kg Up to 6.6 lb	Born early or small
Size 1	2–5 kg 4–11 lb	Up to 2 months
Size 2	4–8 kg 9–18 lb	2–6 months
Size 3	6–10 kg 13–22 lb	3–9 months
Size 4	9–14 kg 20–31 lb	6–18 months
Size 5	11–16 kg 24–35 lb	18 months and up
Size 6	13–18 kg 29–40 lb	2 years and up
Size 7	15+ kg 33+ lb	2½ years and up

Time for the next size?

It fits

- ✓ Tabs close near the middle
- ✓ Two fingers fit under the waistband
- ✓ Leg cuffs snug, no deep marks
- ✓ Covers the whole bottom
- ✓ No leaks

Too small

- ✗ Red marks on the tummy or thighs
- ✗ Tabs only just reach the middle
- ✗ No room for two fingers
- ✗ Bottom not fully covered
- ✗ Leaks or blowouts keep coming

Diapers a day



Newborn
10–12 a day



2–4 months
8–10 a day



5–8 months
7–9 a day



9–12 months
6–8 a day



1 year and up
5–7 a day