Button
BABY WEATHER & OUTFITS

Winter newborn checklist

For the size that fits now. Counts for a wash every two days.

Every day

- [ ] 6  sleepsuits
  with feet and a two-way zip
- [ ] 5  long-sleeve bodysuits
  under the sleepsuit in a cool room
- [ ] 2  light cardigans
  for a chilly house

For sleep pick one, by how your baby sleeps

- [ ] 2  warm sleep bags
  2.5 TOG, for a room at 16–20°C (61–68°F)

or

- [ ] 3  swaddles
  until the first roll

Warm layers below 16°C (61°F)

- [ ] 1  warm fleece
  for walks
- [ ] 1  thin fleece
  for the car seat
- [ ] 3  warm pants
- [ ] 3  pairs of warm socks

Head, hands and feet

- [ ] 1  knit hat
  12–15°C (54–59°F)
- [ ] 1  winter hat
  below 12°C (54°F), over the ears
- [ ] 2  pairs of mittens
  below 12°C (54°F), one spare
- [ ] 1  pair of booties
  over the socks

For cold walks below 8°C (46°F) · pick one

- [ ] 1  pram suit (snowsuit)
  in place of a coat

or

- [ ] 1  footmuff
  one made for the bassinet

For the car

- [ ] 1  light car blanket
  0–7°C (32–45°F), over the straps
- [ ] 1  warm car blanket
  below 0°C (32°F)

Before the birth, buy a few in newborn size and a few in 0–3 months, and keep the tags on until you know which one fits.